

Food Allergies and Sensitivities



Taco Time® has listed the top nine food allergens recommended by the FDA.
The X indicates the item contains the specified allergen.

Item	Allergens								
	SOY	EGGS	MILK	PEANUT	WHEAT	TREE NUTS	FISH	SHELLFISH	SESAME
Crisp Burritos									
Crisp Chicken Burrito	X		X		X				
Crisp Meat Burrito	X		X		X				
Crisp Pinto Bean Burrito	X		X		X				
Burritos									
5 Alarm™ Burrito	X		X		X				
Big Juan™ Burrito - Chicken	X		X		X				
Big Juan Burrito - Pork	X		X		X				
Big Juan Burrito - Seasoned Beef	X		X		X				
Casita® Burrito - Chicken	X		X		X				
Casita Burrito - Pork	X		X		X				
Casita Burrito - Seasoned Beef	X		X		X				
Chicken Ranchero Burrito	X		X		X				
Soft Burrito - Pinto Bean	X		X		X				
Soft Burrito - Seasoned Beef	X		X		X				
Sweet Pork Burrito	X		X		X				
Veggie Burrito	X		X		X				
Quesadillas									
Cheese Quesadilla	X		X		X				
Chicken Quesadilla	X		X		X				
Mini Quesadilla	X		X		X				
Tacos									
Crisp Taco - Seasoned Beef	X		X		X				
Soft Taco - Chicken	X		X		X				
Soft Taco - Pork	X		X		X				
Soft Taco - Seasoned Beef	X		X		X				
Super Soft Taco - Chicken	X		X		X				
Super Soft Taco - Pork	X		X		X				
Super Soft Taco - Seasoned Beef	X		X		X				
Nachos									
Chicken Nachos	X		X		X				
Original Nachos (no meat)	X		X						
Pork Nachos	X		X						
Seasoned Beef Nachos	X		X						
Salads									
Fiesta Chicken Salad	X		X		X				
Taco Salad - Chicken	X		X		X				
Taco Salad - Seasoned Beef	X		X		X				
Sides									
Black Beans									
Mexi-Fries®	X								
Refritos									
Seasoned Rice									
Stuffed Mexi-Fries	X		X		X				

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Desserts									
Apple Empanada	X		X		X				
Banana Cream Empanada	X		X		X				
Bavarian Cream Empanada	X		X		X				
Blueberry Empanada	X		X		X				
Cherry Empanada	X		X		X				
Chocolate Chip Empanada	X		X		X				
Chocolate Peppermint Empanada	X		X		X				
Churro - Bavarian Cream	X	X	X		X				
Churro - Cinnamon & Sugar	X	X	X		X				
Cinnamon Crustos®	X		X		X				
Cinnamon Swirl Empanada	X		X		X				
Coconut Cream Empanada	X		X		X	X			
Key Lime Empanada	X		X		X				
Peach Empanada	X		X		X				
Pumpkin Empanada	X	X	X		X				
Strawberry Cheesecake Empanada	X		X		X				
Salsa Bar									
5 Alarm™ Hot Sauce									
Avocado Ranch	X	X	X						
Banana Peppers									
BBQ Sauce									
Black Olives									
Casa Sauce	X	X	X						
Cherry Peppers									
Chipotle Ranch	X	X	X		X				
Cilantro									
Enchilada Sauce	X								
Fry Sauce									
Guacamole									
Honey Mustard									
Jalapenos									
Ketchup									
Lemon Wedge									
Lime Wedge									
Onions									
Original Hot Sauce									
Pepperoncinis									
Picante Sauce									
Ranch Dressing	X	X	X						
Salsa Fresca									
Salsa Nuevo									
Salsa Verde									
Sour Cream			X						
Sunflower Seeds									
Thousand Island	X	X							
Tortilla Chips									

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Breakfast (optional program)									
Bacon and Egg Burrito	X	X	X		X				
Breakfast Quesadilla	X	X	X		X				
Coffee									
Country Burrito	X	X	X		X				
Egg and Taters Burrito	X	X	X		X				
Minute Maid® Orange Juice									
Sausage and Egg Burrito	X	X	X		X				
Taters and Gravy	X		X		X				
Ultimate Burrito	X	X	X		X				
Platter Meals (optional program)									
Casita® Burrito Platter - Chicken	X		X		X				
Casita Burrito Platter - Pork	X		X		X				
Casita Burrito Platter - Seasoned Beef	X		X		X				
Chimi Platter - Chicken	X		X		X				
Chimi Platter - Pork	X		X		X				
Chimi Platter - Seasoned Beef	X		X		X				
Enchilada Platter - Chicken	X		X		X				
Enchilada Platter - Pork	X		X						
Enchilada Platter - Seasoned Beef	X		X						
Optional Products									
Enchilada Soup	X		X		X				
Green Chili Burrito - Pork Carnitas	X		X		X				
Green Chili Chimichanga - Pork Carnitas	X		X		X				
Green Chili Enchiladas - Pork Carnitas	X		X		X				
Navajo Taco	X		X		X				
Plate It (Rice & Beans only)	X		X						
Taco Burger	X	X	X		X				

Your health is of utmost concern to us. Please be aware that Taco Time® products may contain traces of allergens (peanuts, tree nuts, sesame, soybeans, wheat, milk, eggs, fish, and shellfish) or food sensitivities from a manufacturing facility and preparation on site.

The allergen information Taco Time® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers.
Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.